



BUN NJAAUX NYEI MIENH

+ Ziangh hoqc njaaux (1-hnoi)

+ Maaih Bài Tập + Za'eix zoux gong

Nyungc baav za'eix bun goux nyei mienh njaaux:

1. Horpc zuqc njaaux yiem guanh: Tengx hoqc nyei mienh buate ganh longc jienv yiem guanh, liuz lomh nzoih div hmien yiem mbaan.
2. Mangc mingh go nyei gong, taux ganh guanh nyei njaaux oix zuqc aengx longc naaiv deix sou. Hnangv naaic gunv photocopy naaiv deix sou an siou jienv njiec nqaang longc.
3. Meih haih liepc yiem Zalo daaih bun meih hunghe hec zoux gong.

Oix hoqc liuz nyei mienh ziangh biouv yiem:

Waac naaic 1: Hoqc nyei mienh jangx duqv qorng:

1. Mouz dauh maaih ja'zinh fih hnangv nzengc weic zuqc mbuo duqv Tin-Hunghe ei Ninh ganh nyei fangx zeiv ze daaih.
2. Naaiv heuc mbuo oix zuqc goux longx mienh maengc caux maaih lamh hnamv yiem guoqv nyei hunghe jaa yaac maaih leiz-latec jienv nyei taux naaiv deix jauv.
3. Ziangh maengc maaih jiex gorn maaih sin wuov zanc, hnangv naaic naaiv dauh gu'nguaaz yaac maaih ja'zinh hnangv nzengc mbuo dauh dauh mienh.

Waac naaic 2: Hoqc nyei mienh jangx duqv longc jienv nyei dorngx:

1. Ziouv youz haic daix mienh nyei mienh caux buate mienh zuqc zoux hoic mv baac njipv jienv m'zing nyei mienh. Mouz dauh mienh oix zuqc maaih buonc gong daaih dangv taux daix mienh nyei jauv!
2. Ziouv youz haic zorqv gu'nguaaz guangc nyei jauv! Ninh yaac youz buate jienv mienh bungz gu'nguaaz wuov deix mienh mv baac zoux dorngx maiv hiuv nor.
3. Goux jiu-baang nyei mienh maaih buonc gong njaaux Ziouv nyei naamh nyouz hiuv waaic zoix jaa waaic nyei laangh fim nyei mienh nzuonx daaih buate maengc maaih lamh longc.

Waac naaic 3: Hoqc nyei mienh bieqc hnyouv Ziouv guangc zuiz caux bungx nqoi, liuz zoux ei Ziouv bun nyei zinghe nyeic yiem l nyungc:

1. Nyiemc zuiz yaac sienx kaaux Yesu nyei buv-nziaamv nziaaux mbuo zoux dorngc jiex daaih nyei zuiz, yiem naaiv minghe meih duqv bungz nqoi yaac duqv guangc zuiz.
2. Fu-sux Ziouv caux taan dongh Ziouv tengx jiex daaih nyei zinh ginx se yietc nyungc forh zeih bungz nqoi caux bun mienh camv simv nqoi zuiz.

Waac naaic 4: Hoqc nyei mienh duqv orn hnyouv zoux gong dongh mangc taux ganh dauh nyei nyungc zeiv fu-sux caux zoux nyei gong:

1. Ziouv heuc mbuo dau Ninh – 'njoux!' Mbuo oix zuqc maaih buonc gong dangv bungz gu'nguaaz guangc nyei jauv – daix maiv zoux dorngc nyei gu'nguaaz!
2. Mbuo oix zuqc tengx dauh dauh (maiv sienx caux sienx Ziouv nyei mienh) zieqv duqv bungz gu'nguaaz se yietc nyungc caux yietc nyungc waaic laangh fim nyei gong!

3 nyungc trình chiếu bun hoqc zoux

Trình chiếu 1: Pouh tong nyei baav: Njaaux ziex nyungc pouh tong nyei za'eix baav.

Trình chiếu 2: Hoqc zoux baav.

1. Bun nqoi hoqc nyei mienh benx ziex guanh (ei ninh mbuo nyei mbaan): Jiu yietc norm guanh yietc nyungc sic. Guanh nyei gong se cangh langh mangc gaax hnangv haaix nor tengx wuov dauh sieqv fai wuov doix mienh. (15 buon).
2. Mouz guanh duqv cingv hoqc taan yietc nzunc yiem gu'nyuoz nyei domh; oix zuqc gorngv mangc gaax ninh mbuo buangh nyei sic se haaix nyungc caux hnangv haaix nor tengx ninh. Mouz guanh hoqc taan liuz, oix fiev njiec waac naaic (9 pin) yaac bun mouz guanh mangc gaax ninh mbuo hnangv haaix nor zoux.
3. Njaaux aengx zengc njiec nyei buonc (yiem 10 pin minghe): 'dongh buangh zuqc mienh caa nyei m'sieqv dorn, meih hnangv haaix nor caux ninh jiu-tong?'

Trình chiếu 3: Mangc jienv zoux nyei gong: Bun mouz dauh hoqc nyei mienh hiuv duqv hnangv haaix nor zoux naaiv nyungc gong yiem ninh mbuo nyei mbaan/ninh mbuo nyei jiu-baang.

1. Bun yietc norm mbaan zoux yietc guanh: bun ninh mbuo daux gaux, cang langh longc za'eix caux fiev cuotv daaih 'mangc gaax hnangv haaix jiex gorn zoux ndangc' (longc jienv yiem):

(1) **Njoux** cuotv gu'nguaaz maiv zuqc bungz yiem buangh caux tengx gu'nguaaz nyei maa/doix mienh/hmuangv doic.

(2) **Aengx njaaux** bun yietc zungv jiu-baang mienh caux yiem nitv meih fatv nyei ziex norm jiu-baang.

(3) **Taan** bun nyiec maiv sienx nyei mienh caux jienv:

2. Bun wuov deix guanh '**TENGX NYEI GUANH**' taan guanh nyei za'eix yiem horqc dorngh. Oix zuqc maaix guanh nyei mbuox.

→ Dauxg gaux bun '**TENGX NYEI GUANH**' (hnamv daaih norm-norm guanh taan liuz), oix zuqc aamx fangx siou njiec nqaang.

→ Bun '**TENGX NYEI GUANH**' yietc kuaaiv sou '**7 mbiec nyei yietv nyeic liepc TENGX NYEI**

GUANH' tengx yungz liuz gu'nguaaz nyei mienh.' **Baac gong:** Henx buangh yiem Zoom (jiex liuz 1-2

hlaax) – henx hnoi buangh. Maiv dungx la'kuqv aamx ziangh norm horqc dorngh nyei fangx oc.

YIETC HNOI NJAAUX NYEI

BẢO VỆ MÀM SỐNG

Ziangh hoc	Hoqc nyei jauv	Zoux nyei mienh-fiev jienv mbuox	Sou / Qiemx zuqc nyei sou-zeiv
8:00-8:15	Buoqc zaangc caux daux gaux		
8:15-8:30	Biux mengh Bun wuov kuaaiv “Bài Tập + Naaic caux dau” bun hoqc nyei mienh fiev njiec ninh nyei sou		
8:30-9:30	Waac naaic 1: Da’yietv ginc: Baamh mienh nyei ja’zinh Da’nyeic ginc: Ziangh maengc jiex gorn yiem haaix? Video caux daux zorqv hoqc nyei daaih longc		
9:30-10:30	Waac naaic 2: Da’yietv ginc: Leiz-latc / Kaa^in Da’nyeic ginc: Nzamc Leiz-Latc21:1-9 Da’fam ginc: Fungx gu’nguaaz Bungz Video (video maaiah yiem trình chiếu)		
10:30-10:45	Dingh (15 buon)		
10:45-11:45	Waac naaic 3: Duqv Guangc Zuiz Bun ziangh hoc dauh dauh gorngv cuotv zoux jiex daaih nyei zuiz aqv fai ‘taan taux ninh mbuo nyei maengc’. Orn hnyouv hoqc nyei mienh ‘maiv bingx’ zoux jiex daaih nyei zuiz. Nyiemc zuiz cuotv daaih ziouc haiz hnyouv maaiah njien-youh yaac haiz maaiah qaqv fu-sux Ziouv. Lomh nzoih lanh daux gaux bun lanh, lomh nzoih juangc nyiemv caux orn hnyouv lanh.		
11:45-1:15	Dingh nyanc lunghe anx hnaangx		
1:15-2:15	Waac naaic 4: Da’yietv ginc: Cong-Mengh Waac 24 / Saa^maa^lie Da’nyeic ginc: Yiem Loz_ngaengc Waac nyei nyungc zeiv – bun fiuv-guanh Da’fam ginc: Jiu-baang nyei douh zong / ih jaax hnoi Dauxg aux zorqv hoqc nyei daaih longc		
2:15-2:35	Dingh (5 buon) Bun 15 buon daaih zoux ziangx naaic dau wuov ginc caux zoux zinh ginx yiem kuaiv bài tập (Dongh zoux ziangx liuz aamx fangx guix bun Bảo vệ Mầm sống)		
2:35-3:30	Baav ca’bouc maaiah daaih nyei sin Pouh tong leiz Hoqc zoux – fiuv-guanh dau + porv mengh muonc maiv bieqc hnyouv nyei		
3:30-4:30	Za’eix zoux mingh ndaauv Bun kuaaiv zeiv: Za’eix zoux mingh ndaauv (ziex norm yiem mbaan nyei guanh dorh nzuonx) Liepc za’eix – ei mbaan nyei guanh. Taan za’eix bun domh zuangx guanh duqv haiz – yiem norm-norm mbaan daux gaux bun doic. Aamx fangx norm-norm mbaan nyei guanh, tov mbuox caux douc waac finx. Bun sou ‘7 mbiec ceix liepc tengx nyei guanh weic tengx norm-norm mbaan.		
4:30-5:00	Dau yietc zungv naaic nyei waac Tengx mouz dauh mienh zorqv ICON trang web njiec, liepc guanh BVMS Zalo yiem naaiv norm dorngh Henx buangh yiem (njiec nqaang 1-2 hlaax) – dingc hnoi: Aamx fangx ziangh norm horqc dorngh nyei mienh (duqv nor lomh nzoih naanv jienv sou aamx). Daux gaux leih doic.		

- Mbenc ndaangc:** 1. Phô-tô yietc kuaiv zeiv: ‘Bàì Tập + za’eix + naaic dau.’ – Bun dauh dauh hoqc nyei mienh.
2. Phô-tô yietc kuaiv zeiv: ‘7 mbiec ceix liepc tengx yungz liuz gu’nguaaz nyei mienh nyei guanh.’
- Yietc norm guanh oix zuqx duqv kuaiv

Longc 4 Joux Waac Naaic Njaaux BÀI TẬP SOU

Lomh nzoih dorh ziangh jienv nyei kuv fienx bun lungh ndiev mienh goiv yientc ninh mbuo nyei hnyouv taux bungz gu’nguaaz nyei zuiz.

Waac naaic 1: Ziouv hnangv haaix nor gorngv taux baamh mienh nyei ziangh maengc, liemh gorngv taux yiem maa nyei sin nyei gu’nguaaz hnangv haaix?

1. Tin Deic Douh 1:26 -28: Dau yietc zungv waac naaic: Haaix nyungc zoux bun baamh mienh maaih ja’zinh caux mbuo hnangv haaix nor gorngv taux naaic nyungc ja’zinh?

.....
.....
.....

2. Tin-Hungh buang waac, oix zuqc maaih fu’jueiv hiaangx: Tin Deic Douh 1:28. Gu’nguaaz se Ziouv guix njiec hnangv yaac dongh Ziouv bun nzipc nyei buonc caux zingh nyeic. Yiem Ging-sou gorngv taux gu’nguaaz caux hmuangv doic hnangv haaix? Liuz ih jaax hnoi yiem naaiv lungh ndiev nyei hnamv hnangv haaix?

.....
.....
.....

3. Lugaa 1:34-44: Dau waac naaic, cMaiv gaengh yungz nyei se haaix nyungc? Yietc dauh mienh nyei ziangh maengc jiex gorn yiem haaix?

.....
.....
.....

Khoa học nyiemc Ging-sou njaaux nyei: “Yietv maaih faaux fin nor wuov dauh gu’nguaaz zungv maaih ziangh maengc miaqv. Yietv thụ tinh liuz gu’nguaaz ziouc hlo jienv faaux, nyungc-nyungc ziouc maaih nzoih jienv faaux ... mv baac yiem naaiv ninh oix zuqc maaih m’jangc dorn nyei gaeng bieqc m’sieqv dorn nyei jaux, zeiz ziangh hoc naaic norm jaux ziouc zunx daaih (hợp tử). Naaiv norm tế bào bun mbuo hiuv duqv gorngv mbuo nyei maengc hnangv haaix jiex gorn ei ninh nyei fangx”. Keith L. Moore & T.V.N. Persaud, *The Developing Human: Clinically Oriented Embryology*, 16.

Dongh gaeng bieqc jaux, meih se: 1) naangh nyei gaeng, 2) ei ninh ganh nyei fangx ziangh 3) benx dauh dunh yunh nyei mienh yiem maa nyei sin maanc-maanc ei ninh nyei ziangh hoc hlo jienv faaux.

.....
.....
.....

Singx Nzung 139:13 - 16: ziangh maengc yiem gu’nyuoz maa nyei ga’sie se yietc nyungc mbuoqc horngv nyei gong weic bun mienh ceng Tin-Hungh zoux nyei gong?

Waac naaic 2: Ziouv hnangv haaix nor gorngv taux kuv mienh nyei nziaamv liouc cuotv, liemh gorngv taux bungz gu'nguaaz?

Hnangv mbuo nor, Ziouv Ninh hnamv haaix nyungc jiex Ninh ziouc beu goux wuov nyungc: Ziouv beu goux mienh nyei maengc yiem Ninh an leiz-latc mienh nyei hnyouv ganh zieqv duqv dorngc maiv dorngc.

Cuotv I[^]yipv 20:13: Hnamv mienh nyei leiz se hnavg hatc nyei waac. Yiem naaiv hatc haaix nyungc?

Lewi 19:18: Hnamv mienh nyei leiz se hnavg leiz-latc. Yiem gorngv taux haaix nyungc leiz-latc?

Mbuo buatc taux l nyungc leiz gapv zunv hnavg naaiv:

1. Tin Deic Douh 4:8-11: Dau waac naaic, Ziouv hnavg haaix nor gorngv taux du'eix bun kuv mienh nyei nziaamv liouc cuotv?

2. Nzamc Leiz-Latc 21:1-9: Dau waac naaic, mbuo sienx Ziouv nyei mienh buatc taux kuv mienh zuqc hoic oix zuqc hnavg haaix nor?

3. Lewi 20:2-5: Dau waac naaic taux yiem Ziouv mangc njiec daix gu'nguaaz nyei jauv caux zorqv gu'nguaaz buov ziec. Se gorngv maiv gaengh cuotv seix nyei gu'nguaaz yaac funx benx yietc dauh mienh nor, hnavg naaic bungz gu'nguaaz se dorngx daix gu'nguaaz; naaiv funx ih jaax hnoi nyei zorqv gu'nguaaz buov ziec. Fiev deix yiem ga'ndiev naaiv gorngv taux doix nyei jauv yiem bungz gu'nguaaz caux zorqv gu'nguaaz buov ziec.

Waac naaic 3: Mbuo hnavg haaix dorh njoux en nyei kuv fienx mingh bun taux bungz gu'nguaaz nyei zuiz mienh weic bun ninh mbuo duqv Ziouv guangc zuiz caux duqv bungz nqoi?

1. Singx Nzung 32:1-5: Dau waac naaic, ei meih duqv seix mueiz jiex daaih dongh meih baamz zuiz liuz meih haiz hnavg haaix nor?

2. I[^]saa[^]yaa 53:4-6: Dau waac naaic, Kaux bangx haaix nyungc Ziouv guangc zuiz bun yie? Tov meih gorngv muonc taux sienx kaux Yesu Giduc ndongc haiz nyei longc jienv.

3. Hipv[^]lu 9:14: Dau taux nyaiv nyei jauv & hnamv maiv jiex hnyouv zoux jiex daaih nyei zuiz caux longc qaqv borngx bun hnyouv cing-nzengc daaih bungz nqoi nyei fu-sux Ziouv.

.....
.....
.....
Waac naaic 4: Ziouv heuc mbuo hnavg haaix nor zoux daaih dangv maiv bu kuv mienh nyei zuqc liouc cuotv? Caux ganh dauh hnavg haaix nor zoux?

1. **Cong-Mengh Waac 24:10-12:** Yietc zungv Ziouv heuc mbuo zoux nyei se nzutv zunv zoux joux waac se: *Njoux.*

.....
.....
.....
2. **Lugaa 10:25-37:** Saa^maa^lie janx nyei gouv bun mbuo zuotc taux njoux, Ninh nyei nyungc zeiv se hnavg haaix nor?

.....
.....
.....
3. **Feix fangv taux zinh ndangc nyei caux ih jaax nyei zix norm Ziouv njoux kuv mienh nyei nyungc zeiv.** Yiem Ging-sou caux douh zong buatc hnavg haaix nor zoux? Tov meih mbuo zorqv ninh mbuo nyei nyungc zeiv daaih corngh muangx gaax.

.....
.....
.....
Ih jaax hnoi Ziouv nyei mienh hnavg haaix nor baav caux ca'bouc maaih sin nyei mienh?

.....
.....
.....
Yiem meih nyei jiu-baang fai mbaan maaih baav taux naaiv deix jauv nyei fai? *(dau yiem ga'ndiev za'eix zoux gong wuov oc*

Za'eix yiem mbuo nyei mbaan zoux gong

Meih za'eix hnavg haaix nor daaih dangv bun ca'bouc maaih sin zoc njiec yiem meih nyei jiu-baang fai mbaan?

Yie nyei zinh ginx waac

Mbuox/fingx: Fb / Zalo: Douc waac finx:		Saengv/mungv: Jiu-baang:
Hnyangx: jangc/Sieqv: Sienx duqv bu'ziex lauh:	Se gorngv meih buangv hnyouv bun yie mbuo siou liouh zoux zinh ginx nor njiec mbuox caux fiev hnoi hlaax.	
Dorng jaa miaqv fai? Ziex dauh gu'nguaaz:	Njiec mbuox: Hnoi:	
Haaix nyungc mienh: Maaiah bungz gu'nguaaz (ziex nzunc)?		
<i>Se gorngv bungz gu'nguaaz fai maaiah haaix nyungc paanx taux bungz gu'nguaaz nyei jauv, maiv dungx nyaav maiv gorngv cuotv oc. Oix zuqc jangx jienv Ziouv guangc meih nyei zuiz miaqv, meih gorngv cuotv nyei zinh ginx haih bun Zlouv nyei mbuox duqv zipv njang-laangc, zuiz yaac oix bungz nqoi meih!</i>		
Yiem yietc hnoi njaaux nyei jauv, meih hoqc duqv haaix nyungc? (tov meih fiev nzutv zunv naangv nyei an ga'ndiev naav oc).		

Naaic maiv bieqc hnyouv nyei jauv

Meih maaiah haaix nyungc naaic taux bungz gu'nguaaz nyei jauv aqv fai? (haih haih doix-hmien naaic taux njaaux nyei mienh).
--

Zorqv njiec longc 4 joux waac naaic njaaux, caux mangc ganh nyungc sou yiem naav:

www.baovemamsong.org/tai-lieu/tieng-viet/