



KUNGX MAAIH NDUQC NYUNG

Nuqv bun maiv maaih ziangh maengc
neyi mienh hiuv duqv hnangv haaix.

By Scott Klusendorf

Kungx Maaih Nduqc Nyungc Hnangv

Gorngv taux nzengc bungz gu'nguaaz neyi jauv se maiv zeiz nzaeng maiv bun bungz fai aapv bungz. Naaiv nyungc maiv paanx taux haaix dauh neyi maengc fai yiem sienx mienh sieqv neyi jauv. Daux nzuonx, naaiv neyi nzaeng se guinh mingh guinh daaih yietc joux longc jienv neyi waac naaic... "*Maiv gaengh yungz cuotv neyi gu'nguaaz (bào thai) se haaix nyungc?*"

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Dongh baav ziangh maengc wuov deix mienh, ninh mbuo nzaeng gorngv dongh ginv bungz gu'nguaaz wuov deix mienh se zorqv yietc dauh maiv haih doix-dekc neyi gua'nguaaz neyi maengc. Gorngv liangv deix nzaeng maiv bun bungz gu'nguaaz se kungx guinh mingh guinh daaih naaiv joux waac naaic: **maiv gaengh yungz neyi gu'nguaaz se funx benx dauh mienh neyi fai?** Se gorngv waac dau, dau gorngv funx, hnangv naaic daix ninh weic bun douh meih duqv longx se dorngc hlo haic neyi yiemh-gong. Zoux neyi naaiv nyungc sic se funx ninh maiv maaih ja'zinh hnangv mbuo, hnangv ga'naaiv liuz henx oix guangc ziouc guangc miaqv. Daux nzuonx, se gorngv maiv gaengh yungz neyi ga'nguaaz maiv funx benx yietc dauh mienh, bungz gu'nguaaz weic ginv, haaix dauh yaac maaih hnyouv hnangv naaic nor se aqv lamh hnangv baeng yietc norm nyaah. Hnangv Gregory Koukl nuqv mbuox, "Se gorngv maiv gaengh yungz neyi gu'nguaaz se maiv zeiz mienh, hnangv naaic mbuo maiv zuqc aengx lorz qiangx gorngv muonc taux ginv bungz gu'nguaaz neyi jauv. Mv baac se gorngv maiv gaengh cuotv seix neyi gu'nguaaz funx benx mienh nor, maiv maaih haaix nyungc jaiv sin waac gorngv taux ginv bungz gu'nguaaz neyi jauv horpc." (Koukl, *Yietc zungv maiv gaengh cuotv seix neyi mienh ndongc haaix jaaix*, p. 7)

Gorngv hnangv naaic maiv zeiz gorngv ginv bungz gu'nguaaz se hungh hec bun m'sieqv dorn. Daux nzuonx, yiem mbuo dingc hnyouv bungz fai maiv bungz neyi jauv zungv la'nyaav camv taux *kuangx hnyouv camv neyi* caux aengx maaih ndortv hnyouv camv bun dauh baav mienh. Mv ih hnoi mbuo gorngv neyi se maiv zeiz gorngv taux yiemh-gong neyi jauv (về đạo đức): Maiv hiuv duqv mbuo haih hiuv duqv zeiz fai maiv zeiz yiem mbuo neyi hnyouv doix-dekc neyi jauv neyi fai?

Mouz dauh mienh zungv hiuv duqv gorngv bungz gu'nguaaz neyi jauv se daix yietc nyungc maaih ziangh maengc neyi ga'naaiv. Gorngv mingh ndongc haaix, yietc zungv daic neyi jauv se maiv haih hlo duqv! Mv baac zorqv diuh maengc horpc fai maiv horpc se yiem naaiv joux waac naaic: *Ziangh neyi naaic sin (Sinh thể) se haaix nyungc?*

Maaih deix mienh oix guangc naaiv joux waac naaic. Ninh mbuo hungh hec dau gorngv naaic norm sin (bào thai) se maiv zeiz mienh hnangv yie caux meih.

Naaiv se za'eix zoux bun cing cuotv daaih: Maiv gunv haaix zanc meih haiz nzaeng taux bungz gu'nguaaz weic ginv, gunv naaic meih ganh taux jaaiv sin neyi waac haih longc yiem daix yietc dauh

haih yangh jauv nyei gu'nguaaz fai ganh dauh mienh duqv nyei fai. Se gorngv maiv duqv nor bun cing gorngv naaiv dauh maiv gaengh yungz nyei gu'nguaaz se maiv zeiz yietc dauh yietc dauh dunh yunh nyei mienh, hnangv yietc dauh jang-jang hoqc yangh jauv nyei fu'jueiv hnangv. Mv baac aengx yietc nzunc, naaiv maiv zeiz mbuo oix gorngv nyei wuov norm gorn fai?

"M'sieqv dorn maaiah leiz zoux ninh mbuo oix nyei"

Seix hnamv mangc gaax yietc dauh m'sieqv dorn maaiah yietc dauh gu'nguaaz I hnyangx nyei dornx caux ninh yiem. Maiv gunv ninh ganh caux wuov dauh gu'nguaaz juangc yiem bung nhinh haih daix wuov dauh gu'nguaaz nyei fai? Hnamv daaih ninh maiv hnangv naaic zoux. Weic haaix diuc? Weic zuqc naaic dauh gu'nguaaz se yietc dauh mienh. Se gorngv maiv gaengh cuotv seix wuov dauh gu'nguaaz yaac yietc dauh mienh nor, mbuo ziouc maiv maaiah jaaiv sin waac aqv.

Fih hnangv nyei, ninh mbuo oix bungz gu'nguaaz nyei mienh dau gorngv daix yietc dauh hoqc yangh jauv nyei gu'nguaaz caux yiem caux maiv gaengh cuotv seix nyei gu'nguaaz se maiv fih hnangv, hnangv zorqv gaam-zaaiv-biou caux bou-jaaub-biou daaih beiv hnangv. Mv baac naaic maiv zeiz mbuo oix gorngv nyei wuov norm gorn fai? Maiv gaengh yungz cuotv nyei gu'nguaaz haih beiv hnangv hoqc yaangh jauv nyei gu'nguaaz duqv nyei fai? Naaic cingx zeiz longc jienv. Mbuo maiv haih simv pien naaiv joux waac.

"Camv dauh sieqv weic jomc daaih maiv haih aengx yungz tim aqv."

Dorh yungz yietc dauh mienh buate ndortv zinh nyaanh camv, mbuo haih daix ninh guangc nyei fai? Nyungc zeiv yietc buonc mienh yungz duqv gu'nguaaz camv daaih, yietc dangh jomc njiec ninh bingx jienv daix guangc I buo dauh fai wuov deix gu'nguaaz guangc weic maiv bun ndortv zinh nyanh camv mingh horpc nyei fai?

Dongh bungz gu'nguaaz nyei mienh yaac dongh nyungc buate se gorngv daix dauh fu'jueiv se dornx, mv baac ninh mbuo corc gorngv bungz gu'nguaaz guangc se maiv doix naaic. Zeiz nyei naaiv cingx daaih gorngv taux nyei gorn: mbuo hnamv mangc taux yiemh-gong nyei jauv, gorngv bungz yietc dauh gu'nguaaz guangc se hnangv daix dauh fu'jueiv nyei fai? Hnangv naaic, aengx yietc nzunc naaic taux: *Yiem sin maiv gaengh yungz wuov dauh gu'nguaaz (bào thai) se haaix nyungc?*

"Yietc dauh sieqv maiv horpc zuqc aapv ninh yungz yietc dauh ninh maiv oix yungz nyei gu'nguaaz yiem ninh nyei seix."

Dongh bungz gu'nguaaz wuov deix gorngv se gorngv mbuo maiv bun kouv nor ninh corc yiem sin maiv gaengh hiuv sic nyei ziangh zorqv ninh bungz guangc mingh gauh. "Wuov nyungc haaix dauh oix mienh nqemh mbuo? Mouz dauh duqv leiz cuotv seix." Wuov nyungc mienh maiv oix meih cuotv seix, mienh yaac daix meih guangc se horpc nyei hnyouv nyei fai? Nyungc zeiv yietc dauh fu'jueiv jang-jang haih yangh jauv, ninh se dongh mienh maiv oix nyei mienh, mbuo yaac hnamv daaih taux 5 hnyangx nyei dornx mienh gauh nqemh ninh. Hnangv naaic ih zanc mbuo daix ninh guangc aqv maiv bun njiec nqang mienh mangc maiv diev ninh horpc nyei fai?

Dau nyei waac dau se maiv lorc, mv baac ninh dorh mbuo mingh taux longc jienv nyei jauv: *Yiem sin maiv gaengh yungz wuov dauh gu'nguaaz (bào thai) se haaix nyungc?*

"Maiv haih aapv yietc dauh sieqv yungz caux dorh dauh waaic fangx nyei gu'nguaaz."

Nyungc zeiv yiem meih nyei nza'hmien maaiah dauh aac hlo nyei fu'jueiv. Ninh maiv hnangv ganh dauh fu'jueiv, gorngv waac nyei jauv caux hiuv nyei jauv maiv hnangv ganh dauh, ninh nyei fangx se aac mangc nyei. Hnangv naaic zorqv ninh daix guangc yiem meih ndo nyei hnyouv haiz horpc nyei fai?

Dongh bungz gu'nguaaz wuov deix mienh yaac buate maiv horpc, dauh nzuonx mbuo horpc zuqc goux longx ninh hnangv mbuo goux longx waaic fangx nyei wuov deix dauh dauh. Aengx yietc nzunc, naaiv nyei jauv aengx nzaamc bun yie jangx ndangc nyei waac naaic: Se gorngv yietc dauh maiv gaengh cuotv seix waaic fangx nyei gu'nguaaz yaac hnangv wuov deix haih yangh jauv waaic fangx nyei mienh nor,

mbuo haih njiec buoz daix ninh nyei fai? Weic hnavg nnaic, longc jienv jiex yiem mbuo lunx leiz taux bungz gu'nguaaz nyei jauv se maiv zeiz waaic fangx maiv waaic. Mv baac se gorngv taux *Yiem sin maiv gaengh yungz wuov dauh gu'nguaaz (bào thai) se haaix nyungc?*

"Mouz dauh sieqv maaiah leiz dingc yiem ninh nyei hnyouv haaix nyungc dornge fai maiv dornge."

Meih haih zorqv yiemh-gong nyei jauv daaih kuinx yietc dauh maa maiv zoux hoic fai ciouv bun ninh nyei gu'nguaaz nyei fai? Meih zoux horpc haic. Gengh maiv dungx mangc maiv faaux mueic haaix dauh.

Meih batc cing, *maiv zeiz zorqv yiemh-gong nyei jauv daaih aapv fai haeqv ninh; Ninh maiv zeiz sic jeiv nyei jauv; maiv zeiz kouv taux zinh nyanh; Maiv zeiz weic yiem-toi nyei waaic fangx; yaac maiv zeiz weic maiv oix nyei jauv. Yietc zungv nzenc naaiv jouc waac naaic: Yiem sin maiv gaengh yungz wuov dauh gu'nguaaz (bào thai) se haaix nyungc?*

Khoa Học Nyei Mangc

Khoa học gorn-guv nuqv jienv mengh mengh nyei: Yiem jang-jang butv gu'nguaaz wuov zanc, ninh yietc dauh mienh ziangh ei ninh ganh nyei fangx, nangh nyei maengc caux dunh yunh fangx. Hnavg nnaic, mouz nzunc bungz gu'nguaaz nyei jauv "ziangx" se yietc dauh mienh nyei maengc dangx gan nnaic miaqv.

Yietc Zungv Y Khoa Yaac Gorngv

Bieqc hnyangx 1895 *ei jienv tong mbuox bungz gu'nguaaz dornge leiz*, Domh zuangx Y Khoa yiem Hoa Kỳ (AMA) bieqc hnyouv gorngv "yietc dauh gu'nguaaz gengh ziangh caux ziangh nyei ninh ganh nyei fangx nangh nyei" se gengh zien nyei yiem khoa học. Yiem nnaic taux ih zanc maiv gaengh maaiah goiv yien. Yiem jiex daaih duqv 150 hnyangx, yietc zungv ndie-sai mienh hiuv duqv gu'nguaaz maaiah maengc se jiex gorn maaiah sin wuov zanc.

Mbuo lomh nzoih daaih mangc deix taux yiem chuyên gia y khoa yiem phôi thai học nyei gong. "se laaix henv nyei jaaix-nongc borngx bieqc jaux liuz I nyungc gaapv benx norm nyim (thành nhân) ziouc jiex gorn benx yietc diuh maengc yiem nnaic." (Bradley M. Patten, *Phôi Thai Học benx mienh*, siang zorc da' 3 nzunc, New York: McGraw Hill, 1968, pin 43.) "mouz nzunc jaaix-nongc caux jaux juangc buonc benx duqv daaih se yietc diuh ziouc jiex gorn yiem nnaic cuotv, aengx ziangh jienv yiem nnaic cih cuotv liuz mienh muoqv guangc hnavg." (E. L. Potter và J. M. Craig, *Bệnh Lý Học của Bào Thai caux fu'jueiv-siqv*, siang zorc da' 3 nzunc, Chicago: Ấn phẩm y khoa thường niên, 1975, trang vii.)

TS. Watson A. Bowes Y khoa Colorado nyei domh horqc dorngh gorngv, "Jiex gorn yietc dauh mienh nyei maengc yiem length nyei (đơn lẻ), ei sinh học gorngv nyei, se yietc nyungc hungh hec yaac gengh zien nyei – jiex gorn maaiah maengc yiem henv nyei jaaix-nongc bieqc jaaux liuz maaiah jienv sin wuov zanc." (Tiểu ban trên Tam Quyền Phân Lập Tối Ủy Ban Tư Pháp Thượng Nghị Viện S-158, Báo cáo, Quốc Hội lần thứ 97, Phiên thứ nhất, 1981.)

Yiem thượng viện Hoa Kỳ nyei tong fiengx hnyangx 1981 gorngv, "Yietc zungv nhà vật lý, sinh học caux yietc zungv nhà khoa học ninh mbuo yietc zungv bieqc hnyouv gorngv lanh mienh jiex gorn maaiah maengc yiem M'jangc-dorn nyei henv nyei jaaix-nongc gaeng yietv bieqc M'sieqv nyei jaaux zuqc zeiz ninh nyei ziangh hoc liuz jiex maaiah sin – ninh ziouc benx dauh mienh yiem nnaic maaiah maengc ziangh jienv. Mbuo yaac maaiah buonc bieqc hnyouv hnavg y khoa, sinh học caux khoa học girngv nyei." (Tiểu ban trên Tam quyền Phân Lập, Ibid.) Ndangc oix bieqc bungz gu'nguaaz nyei mienh, nguyên chủ tịch tổ chức kế hoạch hóa gia đình Hoa Kỳ TS. Alan Guttmacher biux mengh nzauh gorngv haih maaiah haaix dauh maiv bieqc hnyouv naaiv deix khoa học nyei sou-guv (dữ liệu khoa học) gorngv nyei jauv nyei fai. "Naaiv deix yietc zungv hnamv daaih hungh hec nyei caux mengh mengh nyei hnavg nnaic," fiev sou nyei mienh fiev yiem *Ziangh maengc yiem jiex gorn butv*. (A. Guttmacher, *Ziangh maengc yiem jiex gorn butv: Gouv gorngv taux baamh mienh hiaangx nyei jauv*, New York: NXB Viking Press, 1933, tr. 3.)

Gorngv mingh gorngv daaih, *lanh mienh* nyei ziangh maengc **jiex gorn** yiem jang-jang maaiah sin wuov zanc.

Phôi Thai yaac kungx yietc norm Tế Bào

Maiv gunv hnangv naaic, Ronald Bailey của tạp chí Reason gorngv mbuo maiv haih hoqc duqv hiuv jangv nzengc naaiv khoa học nyei jauv. Bailey gorngv phôi thai ei jienv sinh học yietc *lanh mienh* mouz nyungc yiem sin nyei tế bào dorch mã gen di truyền hoàn chỉnh, ei-leiz se yietc norm mbuo nyei tế bào xô ma (cơ thể) maaiah haih ganh hlo faaux yiem phôi thai ganh dauh mienh. Gorngv hungh hec, Bailey oix mbuo sienx gorngv maiv maaiah yietc nyungc ga'lengc yiem phôi thai mienh caux mouz norm mbuo nyei tế bào.

Naaiv se gorngv dorngc nyei jauv yiem sinh vật học. Bailey ninh dorngc yiem pouh tong yiem ei janx-zei gorngv (nhằm lẫn các phần với tổng thể). Mouz nyungc tế bào caux phôi thai gengh mengh mengh

neyi maiv doix: ninh nyei mouz norm tế bào chức năng đơn lẻ yaac kaux bangx ganh nyungc gauh hlo ninh maaiah maengc ziangh jienv, ninh kungx yietc nyungc ga'naaiv yiem gu'nguaaz naaic. Maiv gunv hnangv naaic, phôi thai mienh gengh maaiah hnangv naaic duqv benx yietc dauh dunh yunh nyei mienh. Robert George caux Patrick Lee fih hnangv nyei dongh buatac hnangv naaic. Gengh kungh morngh (vô nghĩa) dongh gorngv meih yaac henv nyei jaaix-nongc aqv yietc norm tế bào xô ma benx daaih. Mv baac, yietc zungv khoa học chứng minh mengh cuotv daaih meih yaac dongh yietc norm phôi thai benx daaih. "Maiv zeiz wuov deix tế bào xô ma, mv baac se wuov deix phôi mienh, ninh ganh ei ninh nyei fangx ziangh, ganh ei ninh nyei ziangh hoc, ganh ei ninh hnoi dauh hlo faaux hnangv mienh."

TS. Maureen Condic nuqv mbuox gorngv yietc zungv wuov deix phôi thai se yietc zungv wuov deix mienh jang-jang ziangh "zien zien ninh se maaiah maengc nyei ga'naaiv benx mienh, kungx mienh muoqv guangc nor ninh daic hnangv – Condic, Phó Giáo Sư của môn Thần kinh học và Giải phẫu học tại trường Đại học Utah, porv mengh muonc gorngv longc jienv yiem các bộ phận riêng lẻ caux ziangh dornggh phôi mienh, yietc zungv zuqc Bailey zorc guangc:

"Longc jienv maiv doix nyei jauv yiem yietc tập hợp các tế bào caux yietc norm sin ziangh se se yiem sin zoux nyei gong doix diuc daaih bun maaiah qaqv caux bun ziangh norm sin nangh. Naaiv nyungc qaqv maaiah hnoi oix ndortv njiec dongh ninh daic nyei ziangh hoc, maiv gunv hnangv haaix nor daic. Yiem sin daic nyei norm-norm dorngx corc maaiah camv tế bào ziangh nangh nyei, mv baac naaiv deix tế bào maiv zoux gong gaapv doic aqv."

Yiem yietv maaiah sin liuz, phôi mienh zoux nyei gong hnangv yietc dauh pouh tong mienh nangh mienh. "yietc zungv phôi mienh maiv zeiz kungx yietc zungv yiem sin tế bào, mv baac ninh se ninh se benx yietc nyungc nangh nyei ga'naaiv tengx hiuv fai zieqv duqv ganh nyungc ganh nyungc gaeng yiem sin caux yietc tế bào guanh; yietc zungv phôi mienh ninh ganh haih hlo faux, hlo taux dingc ziangx, ninh aengx tor mingh ndauv maiv gunv suiv yiem ganh norm dorngx, maiv gunv yiem ganh norn dorngx nyei dorngx dauh maiv doix mv baac ninh yaac diev duqv nyei, ninh ganh haih zorc longx mun nyei dorngx. Aengx maaiah wuov deix tế bào guanh maiv haih zoux hnangv naaic."

Ziangh Hoc Maaiah Sin

Nhà triết học David Boonin zorc guangc wuov deix mienh nyei waac gorngv goux ziangh maengc yiem jaaux (hợp tử mới được thụ tinh) jang-jang zunx naaic se benx yietc dauh mienh ziangh ei ninh ganh nyei fangx, maaiah maengc caux dunh yunh nyei. Ei ninh gorngv maiv haih hnangv naaic duqv, dongh mbuo corc maiv hiuv haaix zanc jaux zunx (trong quá trình thụ thai) liuz hợp tử *lanh mienh* ziangx haaix cuotv? Yiem naaiv, Boonin zeiz deix maiv zeiz deix. Zeiz yiem mbuo gengh maiv hiuv duqv haaix hợp tử duqv benx yiem jaux zunx nyei ziangh hoc (hình thành trong suốt quá trình thụ thai). Norm baav phôi thai học biauiv gorngv, ninh jiex gorn yiem henv nyei jaaix-nongc buangh jaaux liuz aengx maaiah deix henv nyei jaaix-nongc zuoqv jienv naaic taux ei ninh nyei ziangh hoc benx hợp tử, dongh maa nyei nhiễm sắc caux dae nyei buangh doic ziouc benx yietc dornggh lưỡng thể. Mv baac Bewith nuqv mbuox gorngv, maiv gunv Boonin gorngv cuotv longc jienv nyei waac naaic (Mbuo hiuv duqv haaix zanc henv nyei jaaix-nongc caux jaaux mitc mingh caux yietc norm siang sin ziangx haaix

benx daaih?), Ninh laic duqv gorngv ninh hiuv nyei jauv zoux waaic duqv wuov deix nyei hiuv se hợp từ yietc dauh mienh ziangh ei ninh ganh nyei fangx zeiv, maaiah maengc nangh caux dunh yunh haic. “haih maaiah yietc dauh maiv bungx hnyouv nyei mienh gorngv se yietc dauh mienh nyei maengc jiex gorn maaiah yiem henv nyei jaaix-nongc bungx jaaux taux yietc norm ziangh jienv nyei hợp từ duqv zoux ziangh caux hinc cuotv daaih. Beckwith fiev gorngv Boonin duqv “dorngc yiem ei ninh nyei yietc dorngx siaam: Kungx yiem nyei siaam jiex gorn cuotv fai dingh maiv cuotv yie ziouc maiv haih gorngv waac, aengx gorngv yie maiv haih zieqv duqv yietc norm hmien mueic nzueic ndongc naaic yaac maaiah siaam hnangv naaic.”

Ei Triết học Nyei Mangc

Mienh nyei ziangh maengc haih funx fih hnangv duqv nyei aqv fai kungx cuotv horqc ziangh hoc wuov deix mienh hnangv, aqv fai weic laaix ninh maaiah nyungc baav ganh nyungc ninh cingx daaih gauh maaiah ja'zinh fai cingx daaih maaiah naaic nyungc leiz?

Mô hình Biện hộ bun taux ziangh maengc SLED

Yiem triết học, maiv haaix nyungc ga'lengc longv jienv yiem taux mặt đạo đức dongh corc se phôi thai taux dongh hlo daaih. Hnangv Stephen Schwarz nuqv bun hiuv se longc nzangc maac SLED, gorngv ga'lengc yiem ndauv nangv, hlo faaux nyei jauv, yiem nyei dorngx, caux qiex zuqc nyei jauv maiv paanx taux yietc zungv oix bungz gu'nguaaz nyei leiz.

Size/Ndauv, naangv: Gengh zien yietc zungv phôi thai aengx faix deix gu'nguaaz-siqv hlo dingc nyei mienh, mv baac weic haaix diuc naaic aengx paanx zuqc? Fai meih mbuo mienh gauh hlo gaug maaiah ja'zinh faix nyei mienh fai? M'jangc nzengc camv gauh hlo m'sieqv dorn, mv baac maiv zeiz ninh mbuo gauh maaiah ja'zinh fai gauh maaiah leiz. Ndaauv nangv nyei jauv maiv paanx zuqc ja'zinh.

Hlo faux nyei jauv: Gengh zien yietc zungv phôi mienh caux bào thai hlo faux nyei jauv gauh donc yie caux meih. Aengx yietc nzunc, weic haaix diuc naaic paanx zuqc? Wuov 4 hnyangx nyei gu'nguaaz gauh faix 14 hnyangx nyei fu'jueiv saah. Hnamv mangc gaac wuov deix gauh hlo fu'jueiv gauh maaiah leiz ninh youz mbuo fai? Aengx maaiah mienh gorngv ganh hiuv nyei zoux bun mienh maaiah ja'zinh. Mv baac se gorngv naaic se zien sic, yietc zungv cov hoqc yungz daaih nyei dauh dauh gu'nguaaz maiv funx benx mienh maaiah ja'zinh nzengc. 6 hlaax nyei gu'nguaaz hnamv nyei jauv maiv haih hnangv yietc dauh domh mienh hnamv nyei jauv, yaac hnangv muangv mingh nyei mienh ganh fingv daaih, njormh nyei mienh yaac ganh nyie, caux butv baengc nyei mienh yaac hnangv naaic Alzheimer.

Dorngx dauh: Meih yiem haaix norm dorngx maiv funx gorngv meih se haaix dauh. Meih ja'zinh haih goiv yienc yiem jiex jauv fai bueiz njiec coux nyei fai? Se gorngv dau nyei waac maiv nor, wuov nyungc weic haaix diuc jiex gorn ndauv 20 cm gan gu'nguaaz jauv njiec ziouc goiv yienc benx yietc norm bào thai yiem khối mô maiv maaiah ja'zinh nyei dorngx tiuv benx maaiah ja'zinh daaih? Se gorngv naaic norm bào thai maiv funx benx mienh caux maiv maaiah ja'zinh nor, hnangv naaic kuingx yienc dorngx nor maiv zoux bun ninh benx mienh duqv.

Qiemx zuqc nyei jauv: Se gorngv ganh haih ziangh bun mienh maaiah ja'zinh, hnangv naaic yietc zungv dongh kaux bangx insulin aqv fai zorc la'zeiv baengc nye indie yietc zungv maiv maaiah ja'zinh caux yaac haih daix ninh mbuo. Dongh sungh-lorngx gitv jienv nyei gu'nguaaz yaac juangc nyungc nziaamv caux juangc norm hnyouv yaac maiv maaiah leiz duqv ziangh.

Gorngv sov nangv daaih, gauh horpc mbuo nzaeng se nzaeng taux maiv gunv mienh maaiah maiv doix camv nyungc hnangv cong-mengh nyei jauv, zingh nyeic, mengh dauh, zoux gong, fai maaiah zinh zoih nyei jauv mv baac zungv fih hnangv nzengc (caux maaiah ja'zinh fih ndongc) weic zuqc mouz dauh zungv mienh nzengc. Baamh mienh maaiah ja'zinh se weic Tin-Hungh bun ziangh hnangv naaic, maiv zeiz weic ninh maaiah nyei haaix nyungc ga'naaiv fai maiv maaiah.

Abraham Lincoln gorngv taux ninh nyei hnamv yiem zoux nouh nyei mienh, ninh zieqv duqv maiv gunv haaix nyungc leiz longc yiem bun ndopv jieqv nyei mienh fai ndopv mbaeqc nyei mienh.

"Meih gorngv 'A' se ndopv mbaeqc nyei mienh caux 'B' se ndopv jieqv nyei mienh. Naaic se ndopv nyei setv hnavg, wuov nyungc hnavg naaic: hnavg naaic ndoipv njaang nyei mienh maaiah leiz aapv ndopv hmuangx nyei mienh zoux nouh fai? Faix fim oc. Weic zuqc ei naaiv deix leiz, meih zuqc zoux daauh dauh nouh dongh meih buangh ganh dauh nyei ndopv gauh njang meih nyei wuov.

"Hnamv daaih meih nyei mauv maiv zeiz yiem ndopv nyei setv – Meih nyei mauv se ndopvgauh njaang guai nyei wuov deix mienh beiv caux ndopv jieqv nyei mienh, hnavg naaic meih mbuo cingx daaih maaiah hnyouv aapv ninh mbuo zoux nouh nyei fai? Oix zuqc Fairfax fim oc: weic ei jienv naaiv deix leiz, meih zuqc zoux daauh dauh nouh dongh meih buangh ganh dauh gauh guai meih wuov ov.

"Mv baac meih gorngv naaiv se duqv daaih nyei buonc, se gorngv meih zoux haaix nyungc hoic ganh dauh weic bun meih ganh duqv leic, meih maaiah leiz aapv ganh dauh zoux meih nyei nouh. Longx nyei. Fih hnavg nyei haaix dauh haih goiv yienc meih zoux ninh mbuo nyei nouh, ninh mbuo ziouc aapv meih zoux nouh aqv."

Se gorngv baamh mienh kungx maaiah ja'zinh yiem ndopv nyei setv aqv fai yiem hiuv nyei jauv caux maiv zeiz yiem Tin-Hungh bun ziangx nyei, naaic nyungc jauv zoux bun mienh maaiah ja'zinh nyei jauv ziouc maiv fih hnavg. Aqv fai meih mbuo zaax oix gorngv haaix dauh yiem aeix zangc gauh hiuv nyungc-nyungc wuov dauh ziouc heuc zoux zaangc horngx mienh fai (caux gauh maaiah ja'zinh) beiv taux gauh maiv maaiah ja'zinh fai? Lee caux George mbuox gorngv naaiv oix goiv yienc caux yaac gorngv mouz dauh mienh yungz cuotv daaih fih hnavg nzengc, weic zuqc dauh dauh daic liuz benx nie.

Nzutv zunv waac

Za'gengh nzauh bun taux hnamv nyei jauv maiv doix wuov deix, weic zuqc ninh mbuo hnamv goux jienv ziangh maengc nyim yiem mienh se yiem dorngc dorngx fai dorngc yiem hlo faux nyei jauv maiv qiemx zuqc guoqv jaa nyei leiz tengx. Ninh mbuo za'gengh maiv longc maengc nyei gorngv haaix dauh gauh henv haih zoux ganh nyungc camv guoqv jaa nyei leiz gauh oix zuqc goux longx wuov dauh, mv baac haaix dauh mau caux waaic fangx nyei mienh maiv puix zuqc. Naaiv nyungc nyei mangc gengh pien go haic. Ninh dorngc leiz miaqv: weic zuqc ih jaa hnoi nyei leiz gorngv oix zuqc gunv goux taux mau nyei mienh.

Mbuo haih gauh zoux longc naaic. Ndangc jiex daaih mbuo maaiah mangc maiv faux mueic yiem ndopv nyei setv caux m'sieqv fai m'jancg, mv baac ih zanc, dongh ginv bungz gu'nguaaz nyei jauv, mbuo aengx maaiah zanc taux hlo Fairfax nyei jauv (kích thước), hlo nyei jauv, dorngx dauh, caux waaic fangx. Mbuo hungh hec nyei hnamv dorngc gan mienh jiex naaiv jiex wuov hnavg.

Daux nzuonx, yie nyei hnamv gorngv goux nyei jauv se maiv mangc taux haaix dauh, maiv gunv hlo fai (kích thước), hlo faux nyei jauv hnavg haaix, haaix fingx mienh, m'jancg fai m'sieqv aqv fai yiem nyei dorngx dauh. Gorngv ganh nyungc deix, gorngv taux beux goux ziangh maengc nyim se beu goux nyungc-nyungc nyei maengc, za'gengh koi jangv, taux mouz dauh, longc jienv se Fairfax jiex nyei mienh, mau jiex nyei mienh caux qiemx zuqc ganh dauh tengx nyei mienh.



Ghé thăm và khám phá thêm



bằng cách quét mã QR



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